# BWALYA CHUSHI

**PHYSIOTHERAPIST | HEALTHCARE QUALITY ASSURANCE AND PROCUREMENT OFFICER**


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Lusaka, Zambia


## EDUCATION

**BSc Physiotherapy |** Lusaka Apex Medical University | July 2019 to August 2022.

**Diploma in Physiotherapy Technology |** Lusaka Apex Medical University | July 2015 to December 2018.

**Certificate in Monitoring and Evaluation |** USAID, Global Health eLearning Center | January 2022.

**Certificate in Zambia Revenue Authority** (ZRA) free online training programmes.

- Tax Appreciation Course
- Pay As You Earn (PAYE)
- Basic Indirect Taxes (VAT and Excise)
- Smart Invoice

## PROFESSIONAL SUMMARY


I am an experienced and licensed physiotherapist with proven experience in patient assessment, rehabilitation, and individualized treatment planning across orthopedic, surgical, stroke, and pediatric care. In my current position, I provide patient-centered physiotherapy services that support recovery, mobility, and functional independence. I have also taken on leadership responsibilities in quality assurance, procurement, and departmental coordination, which has strengthened my ability to work with multidisciplinary teams, maintain clinical standards, and contribute to the efficient running of hospital operations. I am committed to delivering high-quality care, promoting patient safety, and supporting continuous improvement in healthcare service delivery.


## PROFESSIONAL EXPERIENCE

**PHYSIOTHERAPIST | St. John Paul II Orthopedic Mission Hospital | August 2023 - Present.**

**DUTIES:**

- Assess and manage patients with acute and chronic musculoskeletal conditions, stroke, osteoarthritis, and peripheral nerve disorders.
- Conduct subjective and objective examinations to guide accurate treatment planning.
- Develop and implement individualized physiotherapy treatment programs based on patient needs.
- Administer electrotherapy modalities including TENS, ultrasound, infrared therapy, and hot packs.
- Provide manual therapy, therapeutic massage, and exercise-based rehabilitation.
- Educate patients on posture correction, ergonomics, and safe body mechanics for back and neck pain.
- Carry out preoperative and postoperative rehabilitation, including breathing exercises and mobility training.

## PROFESSIONAL AFFILIATIONS

- Health Professions Council of Zambia | Licensed Physiotherapist | HPCZ/101/2/8/00777

## PROFESSIONAL SKILLS

- Patient Assessment
- Treatment Planning
- Rehabilitation Therapy
- Manual Therapy
- Electrotherapy
- Gait Training
- Clinical Documentation
- Multidisciplinary Teamwork
- Quality Assurance
- Procurement Support
- Leadership
- Patient Education
- Excellent Communicational Skills
- Interpersonal Skills
- Organizational Skills
- Strong Analytical Skills
- Problem Solving
- Leadership Skills

## COMPUTER PROFICIENCIES

- Word
- Excel
- PowerPoint
- Outlook

## REFERENCES

Available Upon Request

- Perform gait re-education and support functional recovery in patients with mobility limitations.

**ACTING HEAD OF DEPARTMENT, PHYSIOTHERAPY | St. John Paul II Orthopedic Mission Hospital | September 1, 2025 to September 21, 2025, and December 25, 2025 to Present.**
**DUTIES:**

- Provide leadership and administrative oversight for the physiotherapy department.
- Coordinate daily workflow to ensure efficient patient service delivery.
- Represent the department in general hospital meetings and multidisciplinary forums.
- Attend external stakeholder engagements and professional presentations on behalf of the department.
- Support budgeting, resource planning, and allocation of departmental supplies and equipment.
- Review and strengthen clinical processes, documentation, and treatment standards.

**QUALITY ASSURANCE TEAM CHAIRPERSON | St. John Paul II Orthopedic Mission Hospital | June 2025 to Present.**
**DUTIES:**

- Lead the hospital quality assurance team in promoting compliance, safety, and service improvement.
- Plan and conduct inspections across key departments including theater, wards, laboratory, pharmacy, kitchen, radiology, laundry, maintenance, physiotherapy, prosthetics and orthotics, and transport.
- Support clinical audits and internal reviews to strengthen quality standards and regulatory compliance.
- Assist in resource gap analysis and prioritization of essential equipment and PPE.

**PROCUREMENT TEAM MEMBER | St. John Paul II Orthopedic Mission Hospital | May 2024 to Present.**
**DUTIES:**

- Support procurement processes for drugs, medical equipment, and clinical supplies.

- Work with pharmacists, surgeons, and nursing leaders to guide purchasing decisions.
- Review supplier documentation to confirm compliance with ZAMRA, PACRA, and NAPSA requirements.

**PHYSIOTHERAPY TECHNOLOGIST | Kanyama First Level Hospital | November 2022.**
**DUTIES:**

- Assisted in the assessment and treatment of pediatric and stroke patients.
- Collected patient histories and functional information to support treatment planning.
- Delivered supervised physiotherapy interventions in line with patient needs.

**PHYSIOTHERAPY TECHNOLOGIST | Matero First Level Hospital | May 2022.**
**DUTIES:**

- Assisted in treating patients with stroke, lower back pain, and acute injuries.
- Performed initial assessments and supported treatment planning.
- Applied tissue massage and basic rehabilitation interventions under supervision.
- Educated patients on simple exercises for continued home rehabilitation.

**PHYSIOTHERAPY TECHNOLOGIST | Levy Mwanawasa University Teaching Hospital | May 2021 to October 2021.**
**DUTIES:**

- Completed clinical attachment in orthopedic, general, and surgical wards.
- Assisted in patient assessment, treatment implementation, and monitoring.
- Worked with multidisciplinary teams to support patient care plans.
- Observed and participated in clinical decision-making and rehabilitation practices.