ELIJAH MWALE

SAFETY OFFICER | OCCUPATIONAL HEALTH & SAFETY

House #79/22, Ng'ombe Comp | 0974154893 | elijahmwale360@gmail.com

PROFESSIONAL PROFILE

Environmental Health professional with a Diploma in Environmental Health and a Certificate in Occupational Health and Safety, with practical experience supporting workplace health and safety activities at Yalelo Limited. Experienced in workplace inspections, risk assessments, safety training, incident and near-miss investigations, emergency procedures, safety documentation, compliance support, waste management, chemical handling, and pollution-risk control. Detail-oriented, analytical and committed to promoting safe work practices and a positive workplace safety culture.

CORE SAFETY COMPETENCIES

- Workplace Health & Safety Inspections
- Safety Procedures & Emergency Preparedness
- Incident, Complaint & Near-Miss Investigation
- Workplace Safety Compliance Support
- Chemical Handling and Spill-Risk Monitoring
- Hazard Identification & Risk Assessment
- Employee Safety Training & Toolbox Communication
- Safety Records, Reports & Documentation
- Waste Management & Pollution-Risk Control
- Safety Culture and Worker Participation

PROFESSIONAL EXPERIENCE

Yalelo Limited | Occupational Health & Safety Officer – Internship

23 September 2025 – Present

- Assisted in developing and implementing workplace-specific safety protocols, operational safety practices and emergency procedures.
- Supported regular workplace/site inspections and risk assessments to identify unsafe conditions and workplace hazards.
- Assisted in providing employee training on safe work practices, proper use of equipment and emergency response procedures.
- Assisted in investigating workplace incidents, complaints and near misses.
- Supported efforts to foster a positive health and safety culture by coaching leaders, reinforcing safe behaviour and encouraging worker participation in safety programmes.
- Assisted in supporting organisational compliance with workplace health and safety requirements.
- Maintained inspection reports, risk assessments, training records, incident reports and safety statistics.
- Assisted in preparing regular safety performance reports.
- Assisted in monitoring waste management, chemical handling, spills, pollution risks and related control measures.

EDUCATION & PROFESSIONAL TRAINING

Evelyn Hone College — Diploma in Environmental Health — Credit
Living Green Innovation — Certificate in Occupational Health and Safety
Lusaka Boys Secondary School — Grade 12 Certificate
Siavonga Town Bridge — Fire Warden / Marshals Training — Certificate

ADDITIONAL SKILLS

- Analytical
- Communicative
- Influential
- Detail-oriented

- Integrity
- Water Sampling and Testing
- Laboratory Analysis

REFERENCES

Levy Sakala
Warehouse and Support Services Superintendent, Yalelo Limited

sakalalevy@gmail.com | +260 976656927

Dr. Titus Haakonde
Head of Public Health Department, Evelyn Hone College

haakondetitus@gmail.com | +260 979088463

Lazarus Banda
Occupational Health and Safety Specialist, Yalelo Limited

l.banda@yalelo.com | +260 76 8877641